



Where **Inspiration** Begins



Breakfast Meals

EGGS ON TOAST V S **42**

Two creamy scrambled eggs on a slice of toasted ciabatta

MACON BREAKFAST BAGEL **75**

Macon or pastrami, cheddar cheese, caramelized onion & fried egg on a bagel (Swop meat for avo)

ROCKET BREAKFAST BAGEL **75**

Fried egg, macon, cream cheese & rocket with a slice of tomato on a bagel

BOERIE BREAKFAST STACK N **82**

Boerewors patty, fried egg, hashbrown, cheddar cheese, caramelized onion & tomato relish on a bagel

HOLLANDAISE BAGEL **80**

Hashbrown, fried egg, pastrami & hollandaise sauce on a bagel

SALMON HOLLANDAISE BAGEL **90**

Fried egg, salmon, cream cheese & hollandaise sauce on a bagel

EXTRAS:

Tomato Slice	5	Salmon	25	Avo	18	Creamy Mushroom	18	Caramelized onions	8
Tomato Relish	15	Macon	30	Egg	10	Cheddar cheese	15	Cheese Griller	25
Hashbrown	15	Pastrami	20	Side of fries	20	Beef Patty	35	Boerewors	25

SIMPLE BREAKFAST S **72**

Open bagel with two slices of macon, two fried eggs & fries

HASHBROWN BREAKFAST S **75**

Open bagel with a hashbrown, two fried eggs & a cheese griller

THE BIG BREAKFAST S **90**

Open bagel with two slices of macon, two fried eggs, a cheese griller & a hashbrown

BREAKFAST WRAP **70**

Fried egg, cheddar cheese, macon, avo & sweet chilli sauce

AVO BREAKFAST V S **74**

Open bagel with a hashbrown, two fried eggs & avo

THE BOERIE BREAKFAST S N **95**

Open bagel with two slices of macon, two fried eggs, boerewors, relish, a hashbrown & creamy mushrooms



Simple Bagels

CREAM CHEESE BAGEL V	42	PASTRAMI & CHEESE BAGEL	46
AVO & CREAM CHEESE BAGEL V	46	PASTRAMI, CHEESE & TOMATO BAGEL	50
CREAM CHEESE & CUCUMBER BAGEL V	46	MACON & EGG BAGEL	60
AVO & CREAMY MUSHROOM BAGEL V	46	MACON & CHEESE BAGEL	60
CREAM CHEESE & CREAMY MUSHROOM V	55	ALL SIMPLE BAGEL	64
CHEESE & TOMATO BAGEL V	42	Pastrami, cheddar cheese, lettuce, pickles, tomato, mayo, cucumber & red onion	

Vegan Bagels

AVO ONLY BAGEL V	35	HUMMUS & ROAST VEG BAGEL V	55
AVO & HUMMUS BAGEL V	40	ALL VEGAN BAGEL V	58
AVO & TOMATO BAGEL V	38	Avo, tomato, cucumber, lettuce, pickles & red onion on a bagel	

EXTRAS:			
Cucumber	5	Jalapeno	12
Tomato	5	Caramelized Onion	8
Red Onion	5	Pickles	12
Hashbrown	15	Tomato relish	15
		Side of Fries	20
		Avo	18
		Roast Veg	22



Gourmet Bagels

CHICKEN BAGELS

- Chicken honey mustard mayo & avo bagel 70
- Chicken honey mustard mayo, macon & cheese bagel 80
- Chicken schnitzel, coleslaw & pickles bagel 78
- Chicken schnitzel cheddarmelt & mushroom bagel 82
- Chicken schnitzel, peri peri, red onion, lettuce & tomato bagel 82

MACON BAGELS

- Melted brie, macon & apricot jam bagel 72
- Macon, apple, caramelized onion, & melted emmenthal cheese bagel 74
- Macon, cheddar cheese & avo bagel 70
- Macon, cream cheese & avo bagel 75

EXTRAS:			
Cucumber	5	Cheddar Cheese	15
Tomato	5	Jalapeno	12
Red Onion	5	Caramelized Onion	8
Hashbrown	15	Pickles	12
Chicken Mayo	22	Roast Veg	22
Steak	35	Avo	18
Pastrami	20	Creamy Mushroom	18
Biltong	28	Macon	30
Chicken Schnitzel	35	Salmon	25
Side of Fries	20		

STEAK BAGELS

- Steak, creamy mushroom & caramelized onion bagel 95
- Steak, cheddar cheese, pickles & caramelized onion bagel 95
- Peri peri steak, red onion, lettuce & tomato bagel 95

PASTRAMI BAGEL

Pastrami, emmenthal, caramelized onion, red onion & pickles bagel
Single filling 75 | Double filling 105

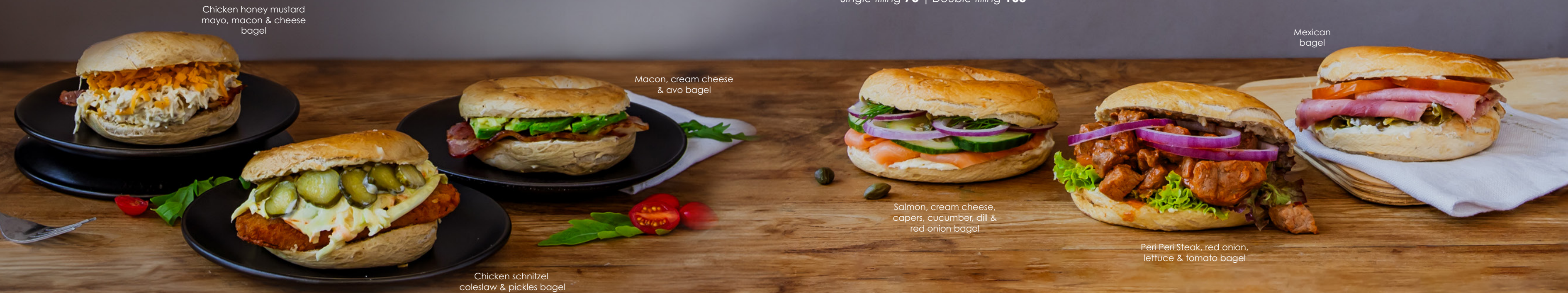
MEXICAN BAGEL

Pastrami, jalapeno, cream cheese & tomato bagel 75

SALMON BAGELS

Salmon, cream cheese, capers, cucumber, dill & red onion bagel
Single filling 90 | Double filling 105

Salmon, avo & cream cheese bagel
Single filling 90 | Double filling 105



Proudly South African

BILTONG BAGELS

- Biltong, cream cheese & red onion bagel82
- Biltong, avo, cream cheese & red onion bagel88

EXTRAS:					
Cheddar Cheese	15	Avo	18	Tomato	5
Jalapeno	12	Creamy Mushroom	18	Red Onion	5
Caramelized Onion	8	Macon	30	Hashbrown	15
Pickles	12	Pastrami	20	Chicken Mayo	22
Cucumber	5	Steak	35	Biltong	28
				Chicken Schnitzel	35
				Boerewors Patty	35
				Tomato Relish	15
				Side of fries	20

BOERIE BURGER BAGEL N75

Boerewors patty, lettuce, caramelized onion, tomato relish, pickles & red onion bagel



Biltong, cream cheese & red onion bagel

Boerie burger bagel

Salads & Wraps

STICKY CHICKEN SALAD80CHICKEN MAYO WRAP70

Sticky chicken, pineapple, cashew nuts, lettuce, cherry tomatoes & cucumber

Chicken honey mustard mayo, cheddar cheese, lettuce, tomato & red onion

STEAK SALAD98SPICY CHICKEN WRAP70

Steak, lettuce, cherry tomatoes, cucumber & avo with balsamic reduction

Chicken strips, jalapenos, cream cheese, red onion & sweet chilli sauce

SALMON SALAD110VEGETARIAN WRAP V70

Salmon, cream cheese, capers, cucumber, dill, lettuce, cherry tomatoes & red onion

Creamy mushrooms, hummus, tomato & rocket



Sticky chicken salad

Salmon salad

Spicy chicken wrap

Cold Drinks

SMOOTHIES V **62**

Mixed Berry Blast | Mango Coconut Dream | Sweet Berry | Peanut Butter Punch

MILKSHAKES **44**

Chocolate | Strawberry | Vanilla | Lime | Banana | Salted Caramel | Bubblegum

GREAT SHAKES **55**

Bar-One | Fruit Shake | Milky Bar | Peppermint Crisp | Peanut Butter

FRESHLY SQUEEZED JUICES

Apple, cucumber & mint **45**
Pineapple, apple & mint **45**
Pear & ginger **45**
Beetroot, apple, carrot, ginger & lemon **45**

SOFT DRINKS **25**

GRAPETIZER & APPLLETIZER **32**

WATER (Still OR Sparkling) **16**

FRUIT JUICES **18**

ICED TEA **28**

ICED LATTE **39**

ICED COFFEE SLUSH **44**



Mango coconut dream smoothie

Bar-one great shake

Hot Drinks

AMERICANO
Short **30** | Tall **35** | Grande **38**

CAPPUCCINO
Short **35** | Tall **38** | Grande **42**

FLAT WHITE
Tall **36**

LATTE
Tall **38** | Grande **44**

HOT CHOCOLATE
Tall **45** | Grande **48**

WHITE HOT CHOCOLATE
Tall **45** | Grande **48**

RED CAPPUCCINO
Tall **40** | Grande **45**

SPICED CHAI LATTE
Tall **42** | Grande **48**

DIRTY CHAI LATTE
Tall **45** | Grande **52**

CAFE MOCHA
Tall **45** | Grande **52**

ESPRESSO
Single **26** | Double **30**

CORTADO
35

MACCHIATO
32

ASSORTED TEAS
Tall **28**

HAZELNUT LATTE
Tall **45**

VANILLA LATTE
Tall **45**

BUTTERSCOTCH LATTE
Tall **45**

Alternative Milk Options **R10**

Flavoured Syrups **R7**
Hazelnut | Vanilla | Caramel | Butterscotch



Spiced chai latte

Cappuccino

Hazelnut Latte

Sweet Treats

FROSTED CREAM CHEESE BAGEL	48	CHOCOLATE BROWNIE	50
		Topped with ice cream	
BAR-ONE BAGEL	35	PANCAKES	
CHOC-CHIP BAGEL	18	Cinnamon, sugar & ice cream	35
CARROT CAKE	45	Bar-one sauce, sprinkles & ice cream	45
BAKED CHEESECAKE		Milky bar sauce, sprinkles & ice cream	45
Plain Cheesecake	45		
Peppermint crisp Bar-One Milky bar	52		

Choc-chip
bagel

Milky bar
baked cheesecake

Pancakes
with bar-one sauce

Chocolate brownie
with ice cream



FIND OUT MORE ABOUT US:
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Try our
Original House Blend!



Our products may contain or have come into contact with ingredients containing eggs, wheat (gluten), cow's milk, peanuts, tree nuts, soy, fish and other allergens.

Our bagels are manufactured in a factory that may contain nuts.

Please let your waitron know of any specific allergies or dietary restrictions.

Did you know...

We sell
**Mini
Bagel**
platters!



Hosting an event or party?

Contact your local Jacks Bagels store for more info or to place your order.

T's & C's Apply*





WHERE
Inspiration
BEGINS

Halaal