

BREAKFAST MEALS

EGGS ON TOAST V S Two creamy scrambled eggs on a slice of toasted ciabatta	45
BREAKFAST BAGEL Macon or pastrami, cheddar cheese, caramelized onion & a fried egg on a bagel <i>(Swap the meat for avo)</i>	75
ROCKET BREAKFAST BAGEL A fried egg, macon, cream cheese & rocket with a slice of tomato on a bagel	75
BOERIE BREAKFAST STACK Boerewors patty, fried egg, hashbrown, cheddar cheese, caramelized onion & tomato relish on a bagel	89
BREAKFAST WRAP A fried egg, cheddar cheese, macon, avo & sweet chilli sauce in a tortilla wrap	75
SIMPLE BREAKFAST S Open bagel with two slices of macon, two fried eggs & fries	75
HASHBROWN BREAKFAST S Open bagel with a hashbrown, two fried eggs & a cheese griller	78
THE BIG BREAKFAST S Open bagel with two slices of macon, two fried eggs, a cheese griller & a hashbrown	95
THE BOERIE BREAKFAST S Open bagel with two slices of macon, two fried eggs, boerewors, relish, a hashbrown & creamy mushrooms	105
AVO BREAKFAST S Open bagel with a hashbrown, two fried eggs & avo	74
HOLLANDAISE BAGEL Hashbrown, a fried egg, pastrami & hollandaise sauce on a bagel <i>(Swap the Pastrami for Salmon for only R35 extra)</i>	80
LOW CARB BREAKFAST S NEW Two fried eggs, avo, tomato relish & creamy mushrooms	65

SIMPLE BAGELS

CREAM CHEESE BAGEL V	45
AVO & CREAM CHEESE BAGEL V	48
AVO & CREAMY MUSHROOM BAGEL V	48
CREAM CHEESE & CREAMY MUSHROOM BAGEL V	58
CHEESE & TOMATO BAGEL V	42
PASTRAMI & CHEESE BAGEL	48
PASTRAMI, CHEESE & TOMATO BAGEL	55
MACON & EGG BAGEL	60
MACON & CHEESE BAGEL	60
ALL SIMPLE BAGEL Pastrami, cheese, lettuce, pickles, tomato, mayo, cucumber & red onion on a bagel	68

VEGAN BAGELS

AVO ONLY BAGEL V VN	38
AVO & HUMMUS BAGEL V VN	42
AVO & TOMATO BAGEL V VN	40
AVO, HASHBROWN & GARLIC AIOLI BAGEL V VN N	52
ALL VEGAN BAGEL V VN Lettuce, tomato, avo, red onion, pickles & hummus on a bagel	58

MENU JACKS bagels

GOURMET BAGELS

CHICKEN BAGELS	
Chicken honey mustard mayo & avo on a bagel	74
Chicken honey mustard mayo, macon & cheese on a bagel	84
Chicken Schnitzel, coleslaw & pickles on a bagel	78
Chicken Schnitzel cheddarmelt & mushrooms on a bagel	82
MACON BAGELS	
Melted brie, macon & apricot jam on a bagel	72
Macon, apple, caramelized onion & white cheddar cheese on a bagel	74
Macon, cheddar cheese & avo on a bagel	70
Macon, cream cheese & avo on a bagel	75
STEAK BAGELS	
Steak, creamy mushroom & caramelized onion on a bagel	95
Steak, cheddar cheese, pickles & caramelized onion on a bagel	95
SALMON BAGELS	
Salmon, cream cheese, capers, cucumber, dill & red onion on a bagel	90
Salmon, avo & cream cheese on a bagel	90

(ADD EXTRA SALMON TO YOUR BAGEL FOR ONLY R35)

PASTRAMI BAGEL
Pastrami, white cheddar cheese, caramelized onion, red onion & pickles on a bagel

(ADD EXTRA PASTRAMI FOR ONLY R20)

MEXICAN BAGEL
Pastrami, jalapenos, cream cheese & tomato on a bagel




PROUDLY SA BAGELS

BILTONG BAGELS	
Biltong, cream cheese & red onion on a bagel	82
Biltong, avo, cream cheese & red onion on a bagel	88
Biltong, sweet chilli & cream cheese on a bagel NEW	77
SIMPLE BOERIE BAGEL NEW Boerewors patty, Jacks mustard & red onion on a bagel	55
BOERIE CHEDDARMELT BAGEL NEW Boerewors patty, cheddarmelt & mushrooms on a bagel	78
BBQ BOERIE BAGEL NEW Boerewors patty, macon, cheddar cheese, red onion & BBQ sauce on a bagel	84
BOERIE HASHBROWN BAGEL NEW Boerewors patty, hashbrown, caramelized onion & garlic aioli on a bagel	78

SALADS & WRAPS

STICKY CHICKEN SALAD Sticky chicken, pineapple, cashewnuts, lettuce, cherry tomatoes & cucumber with balsamic reduction	85
STEAK SALAD Steak, lettuce, cherry tomatoes, cucumber & avo with balsamic reduction	105
EVERYTHING BAGEL SALAD V NEW Lettuce, cherry tomatoes, cucumber, bagel croutons, avocado, red onions & everything bagel seasoning	69
CHICKEN MAYO WRAP Chicken honey mustard mayo, cheddar cheese, lettuce, tomato & red onion in a tortilla wrap	70
SPICY CHICKEN WRAP Chicken strips, jalapenos, cream cheese, red onion & sweet chilli sauce in a tortilla wrap	70
BBQ STEAK WRAP NEW Steak, BBQ sauce, cheddar cheese, lettuce & red onion in a tortilla wrap	75
VEGETARIAN WRAP V NEW Avocado, hashbrown, garlic aioli & creamy mushrooms in a tortilla wrap	70

HOT DRINKS

	 Short	 Tall	 Grande
AMERICANO	30	35	38
CAPPUCCINO	35	38	42
FLAT WHITE	38		
LATTE		38	44
HOT CHOCOLATE		45	48
WHITE HOT CHOCOLATE		45	48
RED CAPPUCCINO		40	45
SPICED CHAI LATTE		42	48
DIRTY CHAI LATTE		45	52
CAFE MOCHA		45	52
FLAVOURED LATTE Butterscotch Vanilla Hazelnut Caramel		45	51
ESPRESSO SINGLE 26 DOUBLE 30			
CORTADO 35			
MACCHIATO 32			
ASSORTED TEAS 28			

MILK ALTERNATIVE OPTIONS - R10
FLAVOURED SYRUPS - R10
Hazelnut | Vanilla | Caramel | Butterscotch

SWEET TREATS

FROSTED CREAM CHEESE BAGEL	48
FROSTED CINNAMON BAGEL NEW	40
BAR-ONE BAGEL	35
CHOC-CHIP BAGEL	20
PANCAKES (Served with ice cream)	
Cinnamon & Sugar pancake S	35
Bar-One pancake S	45
Milky Bar pancake S	45
Caramel pancake S NEW	45
Banana & Caramel pancake S NEW	45

COLD DRINKS

SMOOTHIES VEGAN OPTION AVAILABLE	
Mixed Berry Blast Peanut Butter Punch	62 (R) 77 (L)
Mango Coconut Dream	62 (R) 79 (L)
MILKSHAKES	44
Chocolate Strawberry Vanilla Lime	
Banana Salted Caramel Bubblegum	
GREAT SHAKES	55
Bar-One Fruit Milky Bar Peppermint Crisp	
Peanut Butter Caramel NEW	
FRESHLY SQUEEZED JUICES	
Apple, cucumber & mint	48
Pineapple, apple & mint	45
Pear & ginger	45
Beetroot, apple, carrot, ginger & lemon	45
BOBA FIZZ NEW	45 (R) 55 (L)
Cloudy Lemonade Kiwi Watermelon	
Red Grapefruit Strawberry	
SOFT DRINKS	28
GRAPETIZER APPLTIZER	32
WATER (Still or Sparkling)	16
FRUIT JUICES	18
ICED TEA	30
ICED LATTE	39
FLAVOURED ICED LATTE Butterscotch Vanilla Hazelnut Caramel	45
ICED COFFEE SLUSH	44 (R) 54 (L)

V VEGETARIAN **VN** VEGAN **S** SIT-DOWN ONLY **NEW** NEW ON THE MENU

Please note that all our food & drink items are freshly prepared in our restaurant kitchen. We prepare our products with excellence and great care, however, we cannot guarantee that any food or drink items are without allergens. We use different ingredients and shared equipment in our kitchen.
Our restaurant utilizes the following common, hidden & other allergens:
Diary | Seeds | Wheat | Soya | Nuts
Please let us know of any specific allergies or dietary restrictions.
All extras will be charged for. While stocks last.
T's & C's Apply. **HALAAL**

Find out more about us on these platforms:



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EXTRAS:	
Cucumber Red Onion Tomato Slice	R5
Caramelized Onions	R8
Ciabatta	R9
Egg	R10
Jalapenos Pickles	R12
Hashbrown Tomato Relish Cheddar Cheese	R15
Avo Creamy Mushrooms	R18
Pastrami	R20
Chicken Mayo Side of Fries	R22
Macon	R24
Cheese Griller Boerewors	R25
Biltong	R28
Steak	R30
Chicken Schnitzel Boerewors Patty	R35
Salmon	R35